Message from the Director

W e enjoyed a great fall term at OLLI with an enthusiastic group of participants at our Fall Open House and very robust registrations. As we begin the Spring 2020 term, we are happy to welcome back our returning Osher Lifelong Learning Institute (OLLI) at CSU members, and extend warm greetings to all new and prospective members!

For those less familiar with OLLI at Colorado State University, we are an engaging, ever-expanding, and thriving community of almost 1,000 adults of all educational backgrounds who are interested in continuing to grow intellectually, physically, and socially. Our members have wide-ranging interests in history, literature, natural and social sciences, fine arts, cultural and global issues, politics, technology, nature, and wellness, and our classes are richer for the wealth of our members’ shared experiences.

Our Osher classes are designed to challenge and inform in a relaxed atmosphere. Without the burden of taking tests, worrying about grades, or preparing for a career (most of our students have “been there, done that”), you can ask questions and contribute ideas just for the joy of learning. OLLI participants exercise their minds while making new friends, not only in the classroom but through other educational activities, special events, and professional experience to their topics. We are pleased to offer the Osher course catalog for Spring 2020 term, which is packed with classes taught by world-class instructors. Each of our 75+ courses, lectures, and special programs are led by instructors who bring a lifetime of personal and professional experience to their topics. We are pleased to welcome back many talented instructors who have taught for Osher previously, and we also have 18 new instructors joining us this term.

Please feel free to stop in and say “hi” when you’re in the building throughout the term as I’m always appreciative of your feedback and ideas for new classes. I’ve enjoyed getting to meet, listen to, and talk with so many members and instructors. We can’t wait to see you at the Open House and in classes soon!

Contact Us

OLLI Registration
Website: www.oshers.colostate.edu
Phone: (970) 491-7753

Comments and Questions
OLLI@colostate.edu
Pat Gannon, Director
Pat.Gannon@colostate.edu
Diane O’Brien, Program Manager
Diane.Obrien@colostate.edu

Partnerships

OLLI at CSU regularly collaborates with other organizations to bring the best in lifelong learning to our members. Special thanks to:

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Spring 2020 OLLI @ CSU News

OLLI Lifelong Learning Institute = OLLI
You will continue to hear us use the common OLLI nickname for Osher Lifelong Learning Institute. Same great program just a shorter name.

OLLI Website: www.oshers.colostate.edu
Check out our website often as we provide announcements, weather-related updates, and important dates including anticipated catalog delivery, registration timelines, and Open House details.

The “Courses” tab on the website includes a copy of the current course catalog that you may view or download and print. There is also a registration form you may download and print if you’d like to complete it and bring it into our office with your payment.

OLLI Online Registration Process
We encourage online registration for those comfortable with computers. If you have difficulty with the login process, let us know and we will help you get access. With our new registration system, you are able to search by courses that are available, courses scheduled on specific days or months, and you can find a list of Perk lectures. Once logged in, you may purchase or renew your membership, register for classes, and in the My Account section you can find your enrollment and account history listing all the courses you’ve taken since Fall 2018 as well as all your registration transactions.

In Remembrance

OLLI has lost a valuable instructor, champion, and lifelong learner with the passing of Dan Ward on Oct. 26, 2019. For nine years, Dan has been a popular instructor and an always enthusiastic class participant. Dan will be missed by so many who have enjoyed his classes and his friendship over his years with OLLI. For full obituary, go to www.VesseyFuneralService.com.

New OLLI Email Address: OLLI@colostate.edu
If you have any questions or need to reach the OLLI team members, we have a new email address: OLLI@colostate.edu.

Spring Value-Added Draw
Members who have registered for at least one spring term course are eligible to submit an entry form on page 27 for the Spring Value-Added Draw. Ten names are drawn at random from the submitted forms each term and are then provided one tuition-free course, valued at $60 or less, based on course availability. Complete the form to indicate two possible course requests in order of preference. Eligible entry forms must be received no later than 4:00 p.m Thursday, January 16th at Drake Hall, 2545 Research Blvd., Fort Collins, CO 80526.

Spring 2020 OLLI @ CSU News

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Starting in January

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The British Home Front During WWII .............................................20
Lucy’s 3.8 Million-Year-Old Neighbor .............................................12
Dirt Deep: Intro to Exploration & Production .....................................33
Forensic Anthropology: Murder, Mystery & Mayhem ..........................32
Fundamentals of a Healthy Kitchen ....................................................16
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Visit www.oster.colostate.edu to register online
About the Osher Lifelong Learning Institute (OLLI)
The San Francisco–based Bernard Osher Foundation was started in 1977 by Bernard Osher, a respected businessman and community leader. The Foundation seeks to improve quality of life through support for higher education and the arts. In partnership with the Bernard Osher Foundation, Osher Lifelong Learning Institutes are now found on the campuses of 124 prestigious colleges and universities, from Maine and California to Hawaii and Alaska. Each provides a distinctive array of noncredit courses and activities specifically developed for intellectually curious adults of all ages, with special attention to those 50 or better.

Initially endowed by the Bernard Osher Foundation, the Osher Lifelong Learning Institute at Colorado State University was established in 2006 and is a membership-based, self-supporting program committed to fostering lifelong learning and enriching lives. Join us and take part in OLLI’s ever-evolving educational opportunities!

Who Belongs to OLLI?
Our members are people like you from all backgrounds, professions, education, and places. We welcome adults of all ages – with special consideration of those 50 and better – with a desire to learn, engage, build new friendships, and take an active part in discovering more about the world around us.

Why OLLI Membership Fees?
The Osher Lifelong Learning Institute at CSU is a member-based, member-driven program. Membership is required to participate in our many exciting courses, Perk lectures, and special programs. Membership fees are critical to our institute’s success and sustainability and are non-refundable. Along with course tuition and donations, membership fees provide the needed support for our dynamic, quality programming and serve to remind learners that they are part of an engaged, active community and a national network of lifelong learners. The Bernard Osher Foundation provides some grant funds to OLLI programs that have developed a sustainable financial model, which includes renewable membership fees.

OLLI Membership Benefits
• The $35 annual membership fee includes access to courses for two terms (Spring & Fall or Fall & Spring)
• Members can register for Osher courses, Perk lectures, and special programs
• Purchase of a new or renewing membership includes free access to one Perk lecture within the membership year

Course, Perk Lecture, and Special Program Fees
• Membership is required to register for all courses, lectures, and special programs
• Registration cost for each course and special program varies based on the length of the course and unique features such as field trips
• Registration for each Perk lecture is $5
• Registration for multiple courses is allowed and encouraged
• All courses, Perk lectures, and special programs enroll based on a first-come basis subject to space availability

Tuition Assistance
The Osher Scholarship fund is now the Oltjenbruns Tuition Assistance fund in honor of the commitment that Kevin and Ken Oltjenbruns have shown to Osher. If financial hardship is preventing you from enrolling in Osher courses, you’re encouraged to apply for tuition assistance. Visit www.osher.colostate.edu or call (970) 491-7753 for the application form or if you have questions.

Course Wait Lists
Course wait lists are available for all classes if the class maximums have been reached. When searching for an available class online, if it does not show up in your search, the class is full and the wait list is also full.

If you are unable to attend a class you are registered for, please do not offer your class seat to someone who is not a current member or is not registered for the class since we will be reaching out to members on the wait list to fill that vacancy.

When registering online:
If a class is full, you’ll easily be able to add your name to the wait list. If space becomes available, you’ll receive an email notification, and you’ll have 48 hours to determine if you’d like to take the newly opened space. If you don’t, the automated system will offer the space to the next person on the wait list.

When registering by mail or in person:
If a class is full, your name will automatically be added to the wait list for that class. You’ll be notified by email if space becomes available and will be provided 48 hours to determine if you’d like to take the newly opened space in the class. After 48 hours, the next person on the wait list will be contacted and given 48 hours to enroll.
Drop, Transfer, and Refund Appeal Policy

OLLI membership fees are critical to our institute’s sustainability and are non-refundable. Course fees are also non-refundable. If you need to drop a class, we encourage a transfer to a different class that might better fit with your schedule. Please review current class availability on our website www.oshers.colostate.edu to find alternative options. A refund will only be considered on a case-by-case basis. Please provide a written refund appeal request, rather than a phone call, and submit the Refund Appeal Form to OLLI@colostate.edu. All refund appeals will be reviewed by an appeals committee. The appeal request must provide information detailing the reason for the request and members will be notified if the request for a refund is approved.

In the event a course or Perk lecture is canceled by OLLI, members will be notified by email, or phone if no email has been provided. Members will have a 48-hour window to request a transfer to another course. Please check the OLLI website for availability. After 48 hours, a full refund will be processed. Credit card refunds require 10 business days; check refunds may take up to eight weeks and will be mailed to the address on file.

If you are unable to attend a class you are registered for, please do not offer your class seat to someone who is not a current member or is not registered for the class since we will be reaching out to members on the wait list to fill that vacancy.

Severe Weather Policy

OLLI follows Colorado State University’s severe weather policy in regard to canceling classes due to weather. It is important that we have your phone number and email address so we can contact you in case of a weather-related class cancellation. Whenever possible, our offices will provide a two-hour notice of a cancellation and will make attempts to reach everyone affected by the closure. In the event of a closure, OLLI staff will coordinate with instructor regarding a possible make up date and will let members know as soon as possible. In the case of severe weather, OLLI closure notifications will also be shown on our website, www.oshers.colostate.edu.

Student Guidelines

The mission of education is to promote and protect the intellectual, personal, social, and ethical development of the individual, ideally conducted in an environment that encourages reasoned discourse, intellectual honesty, openness to constructive change, and respect for the rights of all participants.

In keeping with this mission, OLLI encourages our instructors and class members to balance the rights and needs of the individual with an awareness of behaviors that may interfere with the learning experience of others. Such behaviors may include monopolizing discussions, undermining the instructor’s credibility, using cell phone and electronic devices not relevant to the topic during class time, and introducing allergens (e.g. perfumes, scents, lotions) or foods that may be disruptive.

Thanks for keeping our classrooms comfortable and fostering a positive learning environment for all!

Gift Certificates Available!

Looking for the perfect gift for a friend or relative? Give the gift of learning! OLLI memberships and courses make thoughtful gifts for retirements, birthdays, anniversaries, and holidays. Gift Certificates are nonrefundable and are valid for one year from date of purchase. Must be presented at time of registration. Gift certificates are available for membership only, class only, or both a membership and class. Call (970) 497-7753 for more information.

Support Your OLLI at CSU

Your tax-deductible contributions support and maintain this high-quality OLLI program, allowing us to keep membership and course costs down. With your contributions, we can enhance, grow, and continue to create an engaging and thoughtful learning environment. Please consider making an appreciated donation by contacting giftplanning@colostate.edu or call (970)-491-3414.

Mark Your Calendars

Spring 2020 Open House: Curiosity Never Retires Thursday, January 16, 2020, 2 – 4:00 p.m.
CSU Drake Hall, 2545 Research Blvd., Fort Collins, CO

Join us from 2 – 4:00 p.m. for our Spring 2020 OLLI Open House to meet new and former instructors, mingle with Osher members, share comments and questions about your Osher membership and upcoming classes, explore the new Osher website, register for classes, and enjoy refreshments and snacks. Door prizes will be awarded. (If selected, members must be present to claim their prize.)

You are encouraged to invite guests who may be interested in becoming members and joining the unstressed, curious minds of OLLI! If your friend signs up for an membership, both you and your guest will receive a thank-you gift from the OLLI team.

No registration is required to attend the Spring 2020 OLLI Open House, but a courtesy RSVP by January 9th would be appreciated. Please email your RSVP to OLLI@colostate.edu.

Class Locations

1. CSU Drake Hall
   2545 Research Drive, Fort Collins, CO

2. The Lyric
   1209 N. College Ave., Fort Collins, CO

3. First Presbyterian Church
   531 S. College Ave., Fort Collins, CO

4. Global Village Museum of Arts and Culture
   200 West Mountain Ave., Fort Collins, CO

5. Community Foundation of Northern Colorado
   4745 Wheaton Dr., Fort Collins, CO

OLLI at Colorado State University
Perspective Drawing for Artists and Illustrators
OSHR 2010 001

Tuesdays
Instructor: Joe Osmann
Dates: Jan. 28, Feb. 4, 11, 18, 25, Mar. 3 (6 weeks)
Time: 9 a.m. – Noon | Location: CSU Drake Hall
Class Size: 20 participants | Cost: $90

Learn the principles of perspective and begin drawing depictions of three dimensions that are so believable that you feel you can step into the picture. Whether you draw or paint a still life, landscape or render architectural forms, a deeper understanding of one, two and three-point perspective can take the guesswork out of the creative process. Perspective is also helpful when creating works of the human figure. Classes will begin with brief demonstrations followed by individualized instruction as you draw a series of projects that will help you develop perspective skills. Materials list available on the website www.osher.colostate.edu or at the first class.

What are the Greatest Works of Art?
OSHR 2011 001

Tuesdays
Instructor: Joe Osmann
Dates: Jan. 28, Feb. 4, 11, 18, 25, Mar. 3 (6 weeks)
Time: 1 – 3 p.m. | Location: CSU Drake Hall
Class Size: 40 participants | Cost: $60

Art is almost as old as mankind itself. From the skillful cave paintings created 30,000 years ago to the most recent installations made with computers and lasers, evaluating works of art is subjective. Why do certain paintings and sculptures maintain their relevance over hundreds, even thousands of years? Can we define the universal themes of human expression? Using input from the participants, we will explore these questions in an attempt to broaden our understanding and enjoyment of the visual arts.

Color Your World with Watercolor
OSHR 2008 001

Tuesdays
Instructor: Felipe Echevarria
Dates: Mar. 24, 31, Apr. 7, 14, 21, 28 (6 weeks)
Time: 4 – 6 p.m. | Location: CSU Drake Hall
Class Size: 20 participants | Cost: $75

Transparent watercolor painting is often regarded as the most difficult artist’s medium to use. This need not be so, if the artist starts with the very basics and is willing to let the, often, unpredictable nature of the medium take its course. The “controlled accidents” are what make watercolor so fun to work with. Along with the effective use of materials, this class teaches the very foundation of watercolor painting: the wash, and explores glazing, creating textures, and the use of special effects unique to the watercolor medium. Along the way we will also focus on drawing for the painting process, and a simple method to mix color.

More Drawing FUNdamentals—Bringing Out Your Inner Artist!
OSHR 2020 002

Wednesdays
Instructor: Carol Marander
Dates: Jan. 22, 29, Feb. 5, 12, 19, 26 (6 weeks)
Time: 9:30 – 12:30 p.m. | Location: CSU Drake Hall
Class Size: 20 participants | Cost: $90

I sometimes think there is nothing so delightful as drawing." — Vincent van Gogh

Take your current drawing skills to the next level with this fun new drawing class. Participants will learn various drawing techniques using graphite pencils, pen and ink, and various other drawing implements. Learn how to draw what you see. Enhance your knowledge of using line, value, shape, pattern and repetition in your drawings. Gain skill with composition, perspective and proportion. Examples of drawings through the ages will be presented. This is a beginner/advanced-level course.

Special Program
Monet: Presenting an Impression!
OSHR 2042 002

Wednesdays/Fridays
Instructors: Margaret Sharkoff/madrid
Time: 1 – 3 p.m. | Location: CSU Drake Hall
Class Size: 29 participants | Cost: $130

The Denver Art Museum’s fall exhibition, “Claude Monet: The Truth of Nature” will be the most comprehensive U.S. exhibition of Monet paintings in more than two decades. In preparation for the field trip to view this exhibition, participants will explore the European art world from 1780-1905, covering Neo-Classicism, Romanticism, Realism, Impressionism, and Post-Impressionism. What were the Impressionists reacting to? Who and what did Impressionism inspire? Course format includes five classroom sessions with the first two meetings occurring on Wednesdays. The third-class meeting is a *field outing to the Denver Art Museum, occurring on Friday, January 31, 2020. Tuition includes transportation on a CSU chartered bus to and from the museum and special exhibition admission. A docent-led private tour of the exhibition will begin at 2:30 p.m. For more information about the exhibit, visit: www.denverartmuseum.org/exhibitions/claudemonet.
The Ancient World: Global Art Historical Survey
OSHR 2002 001
Thursdays
Instructor: Annie Krieg
Dates: Mar. 5, 12, 19, 26 (4 weeks)
Time: 10 a.m. – Noon  |  Location: CSU Drake Hall
Class Size: 40 participants  |  Cost: $40

The ancient world still captivates us today and has formed many foundational elements of our contemporary society. This course is a survey of ancient history, urban planning, and history and become more savvy tourists and world citizens!

20th Century Innovations in Painting & Sculpture
OSHR 2043 001
Thursdays
Instructor: Margaret Sharkoff
Dates: Mar. 13, 20, 27, Apr. 3, 10, 17 (6 weeks)
Time: 1 – 3 p.m.  |  Location: Individual artist studies (locations will be provided within one week of start date)
Class Size: 15 participants  |  Cost: $75

Enjoy two days of learning and practice in this highly interactive hybrid course. The Friday session will cover camera basics, such as the camera menu, about the various dials; f/stops, shutter speeds, exposure meter and how they all work together. We will also cover ISO and White Balance; Different types of lenses and Composition. Using instructor’s photos as examples, you’ll learn the #1 solution to the #1 problem in photography - great when you’re on vacation or a weekend trip! Spend Saturday morning practicing in the field, and the afternoon in the classroom to debrief and review the mornings activities.

Art & Climate Change
OSHR 2004 001
Thursdays
Instructor: Annie Krieg
Dates: Apr. 30, May 7, 14, 21 (4 weeks)
Time: 10 a.m. – Noon  |  Location: CSU Drake Hall
Class Size: 40 participants  |  Cost: $40

This course explores how human societies from the ancient world through today have responded and are responding to changing climates and environmental crises through material culture, architecture, and art. Class sessions will be centered around case studies that will include Ancestral Puebloan sites, Europe in the Little Ice Age, Earth Art of the 1960s-1970s, amongst others.

Color Confidence: How to Mix “Mud”
OSHR 2005 001
Fridays
Instructor: Jeanne Mackenzie
Dates: Mar. 13, 20, 27, Apr. 3, 10, 17 (6 weeks)
Time: 9 a.m. – Noon  |  Location: CSU Drake Hall
Class Size: 20 participants  |  Cost: $90

Learn how to ‘see’ color! This basic color class will unleash some of the mysteries, histories, and processes of paint color mixing making sense of color theory. There is no artistic ability necessary for this class as this is not a ‘painting’ class. All levels welcome. This course will provide the foundations of confidently working with color in areas such as interior design, textiles, ceramics, planting a colorful garden. Come yearning to play with color. Please note: Optional supplies available at first class meeting for $25.

Special Program
Behind the Creative Eye: Local Artists in Residence
OSHR 1010 004
Fridays
Organizers: Carol Ann and Gary Hixon
Dates: Fridays, Apr. 10, 17, 24, May 1, 8, 15 (6 weeks)
Time: 1 – 3 p.m.  |  Location: Individual artist studies (locations will be provided within one week of start date)
Class Size: 15 participants  |  Cost: $75

Prominent local artists invite you to join them in their studios to personally share their artistic process and creations. Each week, participants will meet with an artist at his or her studio for two hours of history, demonstration, and discussions. The artists featured for Fall 2019 are:
- April 10: Jeanne Shaof - Ceramic
- April 17: Gwen Hatchette – Fabric, paper collage
- April 24: Zoey Frank - Painting
- May 1: Kirsten Savage – Painting
- May 8: Kathi Doughtery – Glass
- May 15: TBA

OLLI at Colorado State University Visit www.osher.colostate.edu to register online
Making Sense of the Soviet Century
OSHR 5004 001

Mondays
Instructor: Sally Purath
Dates: Jan. 27, Feb. 3, 10, 17, 24, Mar. 2 (6 weeks)
Time: 1 – 3 p.m. | Location: CSU Drake Hall
Class Size: 40 participants | Cost: $60

Anyone who grew up before 1999 will remember when the Soviet Union was considered to be the Evil Empire and America’s deadliest enemy. We will examine the major players and events of the Soviet twentieth century focusing on Karl Marx, Nicholas II, Lenin, Stalin, Khrushchev, and end with Gorbachev and the fall of the USSR. What made Communism so appealing to them and not us, and made the Russian historical experience so different from the West?

Great Decisions: Shaping U.S. Foreign Policy
OSHR 5005 003

Tuesdays
Instructor: Kay Esley, Anne Hall
Dates: Apr. 7, 14, 21, 28 (4 weeks)
Time: 1 – 3 p.m. | Location: CSU Drake Hall
Class Size: 20 participants | Cost: $50

Learn about distant and intriguing countries through the examination of international affairs and global issues. Offered in partnership with the League of Women Voters of Larimer County, Great Decisions is America’s largest discussion program on world affairs. This class features group interactions to enhance understanding of foreign policy issues and their global impact. Discussions focus on readings and materials published by the Foreign Policy Association. Participants are encouraged to present additional research within the seminar/discussion format. Spring 2020 topics include:

- Climate Change
- India and Pakistan
- Red Sea Security
- Human Trafficking and Modern Slavery


Discerning Truth in a Time of Strong Opinions
OSHR 5006 001

Mondays
Instructor: Sally Purath
Dates: Mar. 23, 30, Apr. 6, 13, 20, 27 (6 weeks)
Time: 1 – 3 p.m. | Location: CSU Drake Hall
Class Size: 40 participants | Cost: $60

Do you ever wonder how people can believe wholeheartedly in ideas that to you seem stupid and make no sense? Many believe “critical thinking” means being critical of others’ thinking, but this class teaches how real critical thinking works: how and why humans, especially yourself, believe something is true. We will also examine how those in the fields of math, natural science, social science, history, art, ethics, and religion determine what is true. This is not a class on current issues or debates about them, nor a class to tell you what you should think. It seeks to help you make aware of how human knowledge works and help you know yourself better—an invitation to think about thinking. It is similar to the Theory of Knowledge class in the International Baccalaureate program.

Perk Lecture
N.A.T.O., The E.U., Brexit and the Perils of Democracy
OSHR 3044 001

Monday
Instructor: Henry Weisser
Dates: March 23
Time: 10 a.m. – Noon | Location: CSU Drake Hall
Class Size: 40 participants | Cost: $5

The North Atlantic Treaty Organization, the European Union and the British exit from the union, hence Brexit, are topics of vital interest to the security of America and Europe. These organizations and the Brexit program will be considered historically and right up to present.

World Geography: Across the Continents
OSHR 5002 001

Tuesdays
Instructor: Kenneth Jessen
Dates: Apr. 7, 14, 21, 28, May 5, 12 (6 weeks)
Time: 10 a.m. – Noon | Location: CSU Drake Hall
Class Size: 40 participants | Cost: $60

This survey class guides learners across the continents and transports them to distant ocean islands. The journey starts in North America, proceeds to South America and moves to Europe. Africa, Middle East, Asia, the Pacific Islands, Antarctica, Australia and wraps up in New Zealand. Through Jessen’s personal experiences, selective countries are put into perspective including their statistics and relative geographic position while also engaging learners in discussions of historical development, cultural characteristics and current events.

Special Program
Beets, Beavers, Bandits – Larimer County History
OSHR 6012 002

Tuesdays
Instructor: Kenneth Jessen
Dates: Apr. 7, 14, 21, 28, May 5, 12 (6 weeks)
Time: 1 – 3 p.m. | Location: CSU Drake Hall
Class Size: 40 participants | Cost: $75

During this special program, you will become familiar with selected Larimer County history topics beginning with the first humans in the region followed by the influx of French trappers. Critical to understanding the county is the establishment of its towns. Learn more about the historic Larimer County historic schools and our county pioneers. Discover how transportation began with the Overland Trail followed by the pioneer roads which lead to the development of the railroads. Learn how, and why, regional economic development in Larimer County included hay, stone, plaster, bricks, sugar beets, cherries, peas and the growing tourist trade. Discover how Larimer County water resources were managed starting with early ditches before the development of the Colorado Big Thompson Project.

Please note: This course includes a guided tour of several Larimer County historic sites.
Perk Lecture
How to Bet and Enjoy the Kentucky Derby
OSH 3115 002

**Wednesday**
Instructor: Brian Cobb and Joe Vasos  
Dates: April 29  
Time: 4 – 6 p.m  
Location: CSU Drake Hall  
Class Size: 40 participants  
Cost: $5

Expand your knowledge of the Kentucky Derby, from the traditions to the many ways that horses and owners must endure to get to the gate. The course is fan-friendly, with no math, but an introduction to handicapping strategy is provided. We hope participants walk away excited about the “greatest two minutes in sports” and have a new understanding of how to evaluate which horses could potentially be the winners of this exciting annual event.

Special Program
Brewing History: Fort Collins’ Global Connections
OSH 1003 001

**Thursday**
Instructor: Gayle Warner  
Dates: April 30  
Time: 4 – 6 p.m  
Location: Global Village Museum, 200 W. Mountain Avenue  
Class Size: 50 participants  
Cost: $10

The Global Village Museum’s mission is to foster and celebrate international connections between Northern Colorado and the world. Enjoy an informative tour of the Brewing History museum exhibit. Explore the industry which has been flourishing in Colorado and Fort Collins through a guided tour of this museum exhibit. If brewing dates to the rise of agriculture (up to 10,000 B.C.) in China and the Middle East, the brewing history in Northern Colorado helps us understand some of the tremendous changes the city of Fort Collins has gone through since its creation in the 1860s. Refreshments will be provided. Please note: This program includes a guided tour and lecture at the Global Village Museum.

Special Program
Behind Museum Doors
OSH 5007 001

**Thursday**
Instructor: Jill Stilwell  
Dates: Jan. 23, 30, Feb. 6, 13, 20, 27 (6 weeks)  
Time: 10 a.m. – Noon  
Location: CSU Drake Hall  
Class Size: 24 participants  
Cost: $75

Ever wonder how museums came into being, and what happens behind-the-scenes? This six-week special program explores the fascinating history of museums and how they work, from exhibitions and interpretation, to governance and funding, to collections and education. Please note: This interactive course includes two guided, behind-the-scenes tours of local museums where we will see in action what we are learning in the classroom.

Special Program
Nativities and Festivals of Light
OSH 1002 001

**Thursday**
Instructor: Gayle Warner  
Dates: January 30  
Time: 6 – 8 p.m  
Location: Global Village Museum, 200 W. Mountain Avenue  
Class Size: 50 participants  
Cost: $10

The Global Village Museum’s mission is to foster and celebrate international connections between Northern Colorado and the world through exhibits of folk art, fine arts, and artifacts from around the globe and by providing international resources and educational opportunities. The Nativities and Festivals of Light exhibit will feature beautiful crèche scenes and light celebrations from around the world. This exhibit brings to life the interpretation of the crèche from different cultures. There is something for everyone, from the traditional to the unique. During the guided tour, conducted by the museum director, you will learn about different festivals of light from around the world. After the tour, learners will have an opportunity to shop the Mistletoe Market to pick up one-of-a-kind gifts for family and friends. Refreshments will be provided. Please note: This program includes a guided tour and lecture at the Global Village Museum.
Special Program

Fundamentals of a Healthy Kitchen
OSHR 9005 002

**Mondays**

**Instructor:** Sapna Von Reich  
**Dates:** Feb. 3, 10, 17, 24, Mar. 2, 9* (6 weeks)  
**Time:** 10 a.m. – Noon  
**Location:** CSU Drake Hall  
**Class Size:** 30 participants  
**Cost:** $65

This course introduces you to some important basics of good everyday nutrition. Processed foods, hidden sugars, leafy greens, herbs, and spices are just some of the topics we’ll be discussing. Each week we’ll go deeper in discussing these themes to prove that good nutrition does not need to be an expensive hobby. Even small changes in nutrition can create big impacts on health, and the more clean and delicious food you eat, the better you will feel. Weekly topics include:

- Processed Food and Hidden Sugar
- Superfoods and Leafy Greens
- Food as Medicine: Fight the Inflammation
- Instant Pot Basics
- Herbs and Spices for Good Health
- Learn How to Navigate the Grocery Store (field trip – location TBD)

*Please note:* The last class meeting will be a guided grocery store tour with the instructor.

Perk Lecture

Nobody Ever Told Me: Lessons from a Dementia Caregiver
OSHR 3002 001

**Monday**

**Instructor:** Linda Osmundson  
**Dates:** May 4  
**Time:** 1 – 3 p.m.  
**Location:** CSU Drake Hall  
**Class Size:** 40 participants  
**Cost:** $55

Discover the many powerful lessons the instructor learned about dementia caregiving while experiencing the journey and struggles of her spouse. She shares various kinds of activities to nurture a loving relationship; provides insight to consider whether outside care or a facility is needed; and discusses the important strategies for self-care. Anyone associated with dementia through family, friends and/or acquaintances will learn successful techniques to keep everyone on a happier level and alleviate frustration though this often-challenging experience.

The Examined Life
OSHR 9030 002

**Tuesdays**

**Instructor:** Laurie Gudim  
**Dates:** Jan. 28, Feb. 4, 11, 18, 25, Mar. 3 (6 weeks)  
**Time:** 10 a.m. – Noon  
**Location:** CSU Drake Hall  
**Class Size:** 40 participants  
**Cost:** $60

The daily practice of reflecting on our lives: what encourages us, what causes us to stumble, where we find rich meaning, where we run from challenges — blesses us profoundly. Each of us has stories to tell and wisdom to share. Beyond that, we also hear the siren call to ongoing personal development, as it is the Soul’s conviction that, “it ain’t over until it’s over.” Come develop tools for capturing and expressing the important journeys, road blocks, satisfactions, and frustrations of your life. Learn what wisdom is yours to share. Discover where you are being invited to journey next.

Perk Lecture

Surviving Alzheimer’s: Soul-Saving Wisdom
OSHR 3004 001

**Tuesday**

**Instructor:** Paula Scott  
**Dates:** March 10  
**Time:** 10 a.m. – Noon  
**Location:** CSU Drake Hall  
**Class Size:** 40 participants  
**Cost:** $5

When someone in your life develops Alzheimer’s or another form of dementia, you need new skills and insights. The instructor, author of “Surviving Alzheimer’s” focuses this course on the brain changes that can alter personality, behaviors, and communication in stressful ways. You can’t change this, nor can you expect the person with dementia to change. Understandably, 9 in 10 family caregivers call emotional stress their #1 challenge. Find out how to provide effective support without sacrificing YOU: by changing the three key factors you CAN control. This practical pep talk and skill-builder is based on extensive interviews with top care experts and the instructor’s own experience with five family members.
**Perk Lecture**

**Mindspan: Keeping Your Brain Young**
OSHR 3003 001

**Tuesday**

**Instructor:** Paula Scott  
**Dates:** March 31  
**Time:** 10 a.m. – Noon  
**Location:** CSU Drake Hall  
**Class Size:** 40 participants  
**Cost:** $5

We tend to pay little attention to our brain until something goes wrong. The latest science reveals that, for most people, memory loss isn’t “awful luck” and cognitive aging isn’t inevitable. Brain deterioration begins surprisingly early—but can usually be slowed, at any age. Find out how taking a top-down approach to health—by focusing comprehensively on the brain—can shape your cognitive future, extending your “mind-span” along with your lifespan. Learn science-based small steps that yield big changes: actionable ideas to use, clean, fertilize, nourish, rest, outfox, and protect your body’s most important three pounds.

**Perk Lecture**

**Breaking the Last Taboo**
OSHR 3007 001

**Thursday**

**Instructor:** Lloyd Thomas  
**Dates:** April 23  
**Time:** 1 – 3 p.m.  
**Location:** CSU Drake Hall  
**Class Size:** 40 participants  
**Cost:** $5

Death is not the opposite of life. It is the opposite of birth. Both birth and death are universal life experiences. Everything living dies. We have never experienced the “process of dying,” only grief/bereavement/loss. Every act of creating begins with an act of destruction and every cell in our bodies dies and is replaced (created) at a different rate...that is called “growth.” Energy and matter are the same thing. All energy is never destroyed...only transformed and expressed differently. This transformational process is explored and the informational energy of being alive is described.

**Perk Lecture**

**How We Create Our Personal Reality: Are We All Actually “Crazy?”**
OSHR 3008 001

**Thursday**

**Instructor:** Lloyd Thomas  
**Dates:** May 7  
**Time:** 1 – 3 p.m.  
**Location:** CSU Drake Hall  
**Class Size:** 40 participants  
**Cost:** $5

We use our five senses to create neuronal patterns in our brains. We attribute meaning to such patterns and call them our “perceptions.” Those perceptions create our individual and personal reality. Those perceptions are not necessarily, accurately reflect objects/events that occur outside our skins. Our conscious behavior is in response to our personal perceptions of those objects/events. Our unconscious behavior is governed by our personal genome and our health. The sensory processes we use to create our personal perceptions (“reality”) are described, experienced and enjoyed.

**Mindfulness Practices for Overall Well-Being**
OSHR 9000 002

**Fridays**

**Instructor:** Margit Hentschel  
**Dates:** Apr. 10, 17, 24, May 1, 8, 15 (6 weeks)  
**Time:** 1 – 3 p.m.  
**Location:** CSU Drake Hall  
**Class Size:** 40 participants  
**Cost:** $60

This “back-by-request” course offers a variety of mindfulness practice tools for diverse audiences, and contributes to stress reduction, relaxation, focus and concentration, and overall well-being. Each session will offer hands-on group practice and research presentations. New mindfulness practices will be introduced each week progressively building competencies, through an interactive format within your comfort level. Your shared experiences will inform our next week’s session. Participants will be invited to engage in “hands-on” guided practices. An example of a practice technique is focused breath meditation. Mindful Qigong movement is offered by Linda Anson, Guest Presenter, in weeks 2-4 for one-hour. Everyone is welcome and beginners are encouraged to attend.

**Perk Lecture**

**Discovering & Reprogramming Your Healing System**
OSHR 3009 001

**Thursday**

**Instructor:** Lloyd Thomas  
**Dates:** May 14  
**Time:** 1 – 3 p.m.  
**Location:** CSU Drake Hall  
**Class Size:** 40 participants  
**Cost:** $5

Your healing system is always acting to keep your bodily health and life in balance. This lecture covers the impact your behavior has on that system. Such behavior includes: physical; mental; social; spiritual; and language habits. Consciously chosen activities that reprogram the unconscious mind’s (brain’s) neural patterns through its neuroplasticity will be discussed.
The British Home Front During the Second World War
OSHR 6004 001
Mondays
Instructor: Hal Smith
Dates: Feb. 3, 10, 17, 24, Mar. 2, 9 (6 weeks)
Time: 1 – 3 p.m.  |  Location: CSU Drake Hall
Class Size: 40 participants  |  Cost: $60
How did the Second World War affect British civilians, including women? Did the German bombing raids erode gender and class differences? This course will consider how the war affected the British home front and led to reforms such as the creation of a national health service. It will explain how Churchill became Prime Minister and conclude with an analysis of why he was rejected in the 1945 election and replaced by a Labour Government. It will also examine the contributions that scientists made in winning the war through inventions like radar and the breaking of the German military codes.

Perk Lecture
Odyssey of a Civil War Sabre
OSHR 3012 001
Monday
Instructor: Brian Carroll
Dates: February 17
Time: 3 – 4:30 p.m.  |  Location: First Presbyterian Church, 531 S. College Avenue
Class Size: 40 participants  |  Cost: $5
Tracing the provenance of a Civil War sabre purchased at an estate sale in Wellington, Colorado, Carroll discovered that its original owner was a young soldier, Frederick R. Baker. Brian learned that Baker was a member of the Ohio cavalry whose unit was assigned to guard President Abraham Lincoln in Washington, D.C. Following the war, Baker had moved to Fort Collins in 1873, where he became a successful farmer, active in community affairs. Baker had served as mayor and County Commissioner of our town serving several terms before his death in 1906. Most of this information came from a diary that our speaker was given when he contacted Mr. Baker’s family in Missouri. The diary and this fascinating story has now been printed for public access.

Perk Lecture
Passage of the 1862 College Land Grant as told by Senator Justin Smith Morrill
OSHR 3013 001
Monday
Instructor: Guy Kelley
Dates: April 27
Time: 1 – 3 p.m.  |  Location: CSU Drake Hall
Class Size: 40 participants  |  Cost: $5
The College Land Grant Act established over 70 Land Grant universities educating millions of Americans while creating countless innovations. Representative Albert Gallatin Riddle who served in the 37th Congress when the Act was passed said, “The scheme of state agricultural (and mechanical) colleges was his — an inspiration of genius... Few men have rendered more important service to the Republic than Justin S. Morrill.” Bringing history alive, Guy Kelley will become Senator Justin Morrill as he describes the passage of the 1862 Act while touring the country in 1885 in order to promote passage of a bill for annual appropriations and admission regardless of race.

Perk Lecture
Two American Crises: Perspectives on the American Revolution and Civil War
OSHR 3017 001
Tuesday
Instructor: Henry Weisser
Dates: March 24
Time: 1 – 3 p.m.  |  Location: CSU Drake Hall
Class Size: 40 participants  |  Cost: $5
Examine two desperate struggles in American history which have been frequently taught in schools with an emphasis on patriotic enthusiasm. In the American South the Confederate cause has often become the romantic Lost Cause. A broader outlook on these events reveals more factors and should give these events a more balanced understanding. Discussions by participants will be welcome in this session.

English History to 1714
OSHR 6009 001
Tuesdays
Instructor: Henry Weisser
Dates: Jan. 28, Feb. 4, 11, 18, 25, Mar. 3 (6 weeks)
Time: 4 – 6 p.m.  |  Location: CSU Drake Hall
Class Size: 40 participants  |  Cost: $60
The most significant events in early English history will be discussed, ranging from the earliest invaders to the end of the Stuart dynasty. So many institutions and laws that prevail in the United States were hammered out in the forge of English history. The story is replete with colorful characters and dramatic events.
Psychology of Morality: In-groups, Out-groups and the Liberal-Conservative Divide
OSHR 6008 001

Fridays
Instructor: David Barone
Dates: Jan. 31, Feb. 7, 14, 21, 28, Mar. 6 (6 weeks)
Time: 10 a.m. – Noon | Location: CSU Drake Hall
Class Size: 40 participants | Cost: $60

Psychology studies morality with an evolutionary focus on moral behavior in social context. These evolved patterns have been found in social animals, especially great apes, and in infants. Adults make rapid moral judgments based on inherited intuition and emotion rather than rational deliberation. Our intuitive morality leads to different reactions for in-group and out-group members. How do liberals and conservatives differ in moral reactions? Can we reason our way to extending our pro-social in-group reactions to out-groups? How can we supersede our tribal differences?

The “Writings”: The ‘Great Books’ Collection of the Hebrew Bible
OSHR 6014 001

Wednesdays
Instructor: Rabbi Hillel Katzir
Dates: Apr. 1, 8, 15, 22, 29, May 6 (6 weeks)
Time: 1 – 3 p.m. | Location: CSU Drake Hall
Class Size: 40 participants | Cost: $60

The “Writings,” is the third of the three sections of the Hebrew Bible, after the Torah and the Prophets. It includes books of ‘Poetry,’ ‘Wisdom,’ and books of ‘History.’ We will look at why these ‘Great Books of Hebrew Literature’ are part of the Bible, and what roles they play in religious and cultural traditions.

Perk Lecture
Reinvent Your Life: Envision, Execute, and Experience Your Ideal Life
OSHR 3037 002

Wednesday
Instructor: Ed Goodman
Dates: May 13
Time: 4 – 6 p.m. | Location: CSU Drake Hall
Class Size: 80 participants | Cost: $5

Learners will be introduced to a process that will help define and imagine their dream future and build a plan to make that dream a reality. Based on decades of working with Fortune 100 companies and countless individuals, Mr. Goodman will present a new creative thinking model, “spiral thinking,” that enables people to use whole-brain thinking to become unstuck from their current circumstances and see a way forward toward their happiest life. Attendees will be given free access to a toolkit that is easy to use. This is a fun, inspirational session that will help anyone imagine and experience a pathway toward their unfulfilled dreams.

British Commando Operations During WWII
OSHR 6002 001

Fridays
Instructor: Isaac Eliachar
Dates: Apr. 3, 10, 17, 24 (4 weeks)
Time: 10 a.m. – Noon | Location: CSU Drake Hall
Class Size: 40 participants | Cost: $40

As the world marks the 80th anniversary of the outbreak of World War II, learning about the history of what happened remains relevant. The “Commandos” were formed in 1940 during World War-II following orders from Winston Churchill for a force that could carry out attacks of espionage, sabotage and reconnaissance in territories occupied or supported by the Axis forces predominantly in German occupied Europe. Commandos were volunteers from all branches of the United Kingdom’s armed forces and foreign volunteers from countries occupied by the enemy. The American Elite Special Operations units can trace their origins to men and women who served with the British Commandos.
Every gift helps our program grow so we can continue to provide engaging courses. enhance offerings, provide scholarships, and continue to make OLLI at CSU an exceptional program. building upon our relationships with our instructors and members to create the best learning environment. the opportunity to meet other community members who attend classes and have similar interests. We are constantly attend interesting and engaging classes taught by knowledgeable and professional instructors. It provides our members accomplishments the donors’ charitable goals in light of their individual financial and estate-planning needs.

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Are you ready to create your own legacy for the CSU OLLI program?
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OSHR 3029: Chameleons in the Arctic $5
OSHR 3034: Forensic Anthropology: Murders, Mystery $5
OSHR 3038: The First American Geology Field Party $5
OSHR 3039: Lucy’s 3.8 Million-Year-old Neighbor $5
OSHR 3041: Native American Interpretation of Fossils $5
OSHR 3042: The Oaks of Fort Collins $5

Health and Wellness Courses
OSHR 9000: Mindfulness Practices $60
OSHR 9001: Individuation & Being Fully Present $60
OSHR 9030: The Examined Life $60

Health and Wellness Special Program
OSHR 9005: Fundamentals of a Healthy Kitchen $65

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Course Tuition: $__________
Subtotal: $__________
Grand Total Due: $__________

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Special Accommodation: if you require a reasonable accommodation in order to participate in Osher courses please contact the Osher office in advance of the first class session.

Thank YOU for joining the Osher Lifelong Learning Institute – we value your support!
Perk Lecture

Environmental Writing Today: Views from a Contemporary Prose and Poetry Writer
OSHR 3019 001

Monday

Instructor: Camille Dungy
Dates: May 18
Time: 3 – 4:30 p.m.  |  Location: First Presbyterian Church, 531 S. College Avenue
Class Size: 40 participants  |  Cost: $5

How are contemporary environmental writers carrying on the traditions laid by the greats of the genre such as Rachel Carson, John Muir, Gary Snyder, and Edward Abbey, and how are today’s writers making new trails? We’re going to think about some of the many ways today’s poetry and prose writer might dynamically position our attention in the midst of this precarious environmental moment.

Writing from Earth: William Stafford, Muse
OSHR 4009 001

Tuesdays

Instructor: Veronica Patterson
Dates: Jan. 28, Feb. 4, 11, 18, 25, Mar. 3, 10 (7 weeks)
Time: 1 – 3 p.m.  |  Location: CSU Drake Hall
Class Size: 20 participants  |  Cost: $75

William Stafford’s poem “Vocation” ends with his father saying, “Your job is trying to find out what the world wants to be.” We’ll explore poetry and prose with Stafford as our muse, launching each week’s writing from his poems. We’ll write during class and draw ideas from discussing effective writing. You’ll create and read prose or poetry each week and submit for comment on at least four weeks. New writers welcome to this small, interactive class.

What the Book Jacket Doesn’t Tell You
OSHR 4035 002

Tuesdays

Facilitator: Nancy Hanksford
Dates: Mar. 24, 31, Apr. 7, 14, 21, 28 (6 weeks)
Time: 1 – 3 p.m.  |  Location: CSU Drake Hall
Class Size: 40 participants  |  Cost: $60

You’ll hear from six accomplished authors who are award winners and have demonstrated sales in the marketplace.

- March 24 – Karen Schutte is the author of five historical novels: The Ticket, Seed of the Volga, Flesh on the Bone, Tank Commander and German Yankee.
- March 31 – Reggie Rivers, former Denver Broncos player has authored several books. His life as a motivational and leadership promises a lively talk on this title, “My Wife’s Boyfriend”.
- April 7 – Margaret Mizushima is an international mystery author of the Timber Creek K-9 Mysteries. Her titles include Killing Trail, Stalking Ground, and Hunting Hour, among others.
- April 14 – Dr. Whitney Cranshaw, entomologist and noted expert on Colorado bugs will entertain and inform us about common insects we encounter in our lives. Of his titles, he will focus on Garden Insects of North America.
- April 21 – Kevin Cook, iconic expert and speaker on all-natural details in our world will talk about his fiction title, Pieces, and many other natural subjects he thinks we should know about.
- April 28 – BK Loren will take us through her writing journey of award-winning title – Thief, which has also been optioned for film. Producers have engaged BK to write the screenplay, a rare occurrence in the book world.

Windows & Doors: Possibility in the Prose Poem & Lyric Essay
OSHR 4007 001

Thursdays

Instructor: Chloe Leisure
Dates: Jan. 23, 30, Feb. 6, 13, 20, 27 (6 weeks)
Time: 1 – 3 p.m.  |  Location: CSU Drake Hall
Class Size: 30 participants  |  Cost: $65

We will read, discuss, and write our own prose poems and lyric essays. We will gain inspiration and guidance from writers such as Anne Carson, Carolyn Forché, Ross Gay, Robert Hass, Maggie Nelson, Lia Purpura, and Claudia Rankine. We will experiment with idea expansion, language compression, and stream of consciousness writing. Through readings, guided exercises, and discussions, we’ll endeavor to explore, understand, and inhabit these forms. New writers welcome.

Playwriting: From Story to Stage
OSHR 4045 002

Wednesdays

Instructor: Natalie Scarlett
Dates: Apr. 1, 8, 15, 22, 29, May 6 (6 weeks)
Time: 4 – 6 p.m.  |  Location: CSU Drake Hall
Class Size: 30 participants  |  Cost: $65

This course will take a traditional approach to writing a play by focusing on character development and narrative structure. Through an optional brief weekly assignment, learners will introduce another element of craft, including dialogue, action, obstacles, characterization, and motivations. Through exercises, reading aloud, analyzing scenes and constructive workshopping, you’ll learn to tell the stories that matter to you with drama, conflict or comedy. In addition to lectures and in-class exercises, you’ll have an opportunity to create optional work that can be read aloud by the group. By hearing your piece read aloud, as scripts are meant to be experienced, you’ll be able to perfect you brief play. At the end of the six-week course, selected scenes will be performed by a group of local actors. This class is for learners of all levels, from the beginner with an idea to a seasoned scriptwriter.

Playwriting: From Story to Stage
OSHR 4045 002

Wednesdays

Instructor: Natalie Scarlett
Dates: Apr. 1, 8, 15, 22, 29, May 6 (6 weeks)
Time: 4 – 6 p.m.  |  Location: CSU Drake Hall
Class Size: 30 participants  |  Cost: $65

This course will take a traditional approach to writing a play by focusing on character development and narrative structure. Through an optional brief weekly assignment, learners will introduce another element of craft, including dialogue, action, obstacles, characterization, and motivations. Through exercises, reading aloud, analyzing scenes and constructive workshopping, you’ll learn to tell the stories that matter to you with drama, conflict or comedy. In addition to lectures and in-class exercises, you’ll have an opportunity to create optional work that can be read aloud by the group. By hearing your piece read aloud, as scripts are meant to be experienced, you’ll be able to perfect you brief play. At the end of the six-week course, selected scenes will be performed by a group of local actors. This class is for learners of all levels, from the beginner with an idea to a seasoned scriptwriter.

How to Tell Compelling Personal Stories
OSHR 3023 001

Thursday

Instructor: Mary Roberts
Dates: January 23
Time: 4 – 6 p.m.  |  Location: CSU Drake Hall
Class Size: 40 participants  |  Cost: $5

Has anyone told you to hurry up telling your story or to “get on with it?” Learn the basics of great personal storytelling in a couple of hours and hold your audience in rapt attention! Stories connect us, increase our empathy, and expand our emotional boundaries. They also entertain. Participants will get an opportunity to construct their own story with the three crucial elements of conflict, transformation, and a universal message. And for the brave, you’ll get an opportunity to tell a five-minute story to the class.
Literature and Communication cont.

The Heart of Story: Tell Stories that Matter
OSHR 4046 002

**Thursdays**
**Instructor:** Mary Roberts
**Dates:** Feb. 6, 13, 20, 27, Mar. 5, 12 (6 weeks)
**Time:** 4 – 6 p.m.  |  **Location:** CSU Drake Hall
**Class Size:** 20 participants  |  **Cost:** $70

Our personal stories help us unwind the past and understand the present. When we discover the heart of the story, we change. We all have these stories – this class will help you uncover their secrets and wisdom. We will spend our time exploring the three crucial elements of a compelling story: conflict, transformation, and why your story matters. Students choose a story at the first class and stay with it for the duration of the course.

Nuts and Bolts of Self-Publishing
OSHR 4025 002

**Thursdays**
**Instructor:** Chuck Barrett
**Dates:** Mar. 5, 12, 19, 26, Apr. 2, 9 (6 weeks)
**Time:** 1 – 3 p.m.  |  **Location:** CSU Drake Hall
**Class Size:** 40 participants  |  **Cost:** $60

Nuts & Bolts of Self-Publishing offers a glimpse at the options available for those interested authors wishing to self-publish or those who wish to take publishing to the next step: independent publishing. This course guides you through the benefits and pitfalls of print and eBook publishing, printing options, selecting a printing company, and more. It shows you how to treat publishing as a business and do it in a manner that aims you toward success. Nuts & Bolts of Self-Publishing is a must for those grappling with the decisions about how to break into the publishing world.

The Heat in Us: Finding & Writing Our Poems
OSHR 4008 001

**Thursdays**
**Instructor:** Chloé Leisure
**Dates:** Mar. 26, Apr. 2, 9, 16, 23, 30 (6 weeks)
**Time:** 4 – 6 p.m.  |  **Location:** CSU Drake Hall
**Class Size:** 15 participants  |  **Cost:** $70

“Poems appear...to arise in looking outward; the writer turns toward the things of the world, sees its kingfishers and falcons, hears the bells of churches and sheep, and these outer phenomena seem to give off meaning almost as if a radiant heat. But the heat is in us, of course, not in things.” – Jane Hirshfield, Ten Windows
Through readings, guided exercises, and discussions, we will go in search of the “outer phenomena” that ignite our inner poetics. We will hone our senses, cultivate ways to practice paying attention, and strive to write keen and wholehearted poems. New writers welcome.

Writings from Pictures: Bringing Life to Our Lives
OSHR 1001 001

**Thursdays**
**Instructor:** Sara Hoffman
**Dates:** Jan. 24, 31, Feb. 7, 14, 21, 28 (6 weeks)
**Time:** 10 a.m. – Noon  |  **Location:** CSU Drake Hall
**Class Size:** 30 participants  |  **Cost:** $65

Let’s see what we can find by burrowing between the pages of “Educated” by Tara Westover. The author writes about growing up as the youngest of seven children with survivalist parents who didn’t trust schools, hospitals or the government. Despite the limitations of her childhood, Westover managed to earn degrees from Cambridge and Harvard. We’ll examine questions the book raises about education, survivalism, parenting, revealing family secrets, and the pain of severing family ties. Educated has won numerous awards and was one of the New York Times 10 Best Books of 2018.

Short Stories by Women: “I am No Bird”
OSHR 4002 001

**Thursdays**
**Instructor:** Natalie Scarlett
**Dates:** Apr. 16, 23, 30, May 7, 14, 21 (6 weeks)
**Time:** 4 – 6 p.m.  |  **Location:** CSU Drake Hall
**Class Size:** 40 participants  |  **Cost:** $60

Learn how contemporary women writers are pushing the boundaries of fiction and remaking this genre. By focusing on the short fiction of Carman Maria Machado, Diane Williams, Mary Gaitskill, Jamaica Kincaid, Aimee Bender, Alice Munro, Casey Plett, Jhumpa Lahiri, Jeanette Winterson, Lydia Davis, Chimamadna Ngozi Adichie, Lauren Goff and others, we will examine the short story form and analyze the ways contemporary female fiction writers are using, subverting, and reimagining the genre. Join us for lively class discussion and discovery, review an extensive reading list and get involved in optional short story writing assignments based on readings.

Educated: The Book
OSHR 4003 001

**Fridays**
**Instructor:** Sara Hoffman
**Dates:** Jan. 24, 31, Feb. 7, 14, 21, 28 (6 weeks)
**Time:** 10 a.m. – Noon  |  **Location:** CSU Drake Hall
**Class Size:** 30 participants  |  **Cost:** $65

Join us for lively class discussion and discovery, review an extensive reading list and get involved in optional short story writing assignments based on readings.

Special Program
Writing from Pictures: Bringing Life to Our Lives
OSHR 1001 001

**Thursdays**
**Instructor:** Joanna Merriman
**Dates:** Apr. 16 and Apr. 30 (2 weeks)
**Time:** 10 a.m. – 4 p.m.  |  **Location:** CSU Drake Hall
**Class Size:** 20 participants  |  **Cost:** $70

Did you ever discover an old suitcase in your mom’s attic, full of photos from fifty (or a hundred) years ago? Do you stumble over your own boxes of old photo in your basement? Pics and postcards from the trek through Europe with an old beau? Family reunion on the Kansas basement? Pics and postcards from the trek through Europe with an old beau? Family reunion on the Kansas? Let’s see what we can find by burrowing between the pages of “Educated” by Tara Westover. The author writes about growing up as the youngest of seven children with survivalist parents who didn’t trust schools, hospitals or the government. Despite the limitations of her childhood, Westover managed to earn degrees from Cambridge and Harvard. We’ll examine questions the book raises about education, survivalism, parenting, revealing family secrets, and the pain of severing family ties. Educated has won numerous awards and was one of the New York Times 10 Best Books of 2018.

Special Program
Writing from Pictures: Bringing Life to Our Lives
OSHR 1001 001

**Thursdays**
**Instructor:** Joanna Merriman
**Dates:** Apr. 16 and Apr. 30 (2 weeks)
**Time:** 10 a.m. – 4 p.m.  |  **Location:** CSU Drake Hall
**Class Size:** 20 participants  |  **Cost:** $70

Did you ever discover an old suitcase in your mom’s attic, full of photos from fifty (or a hundred) years ago? Do you stumble over your own boxes of old photo in your basement? Pics and postcards from the trek through Europe with an old beau? Family reunion on the Kansas? Let’s see what we can find by burrowing between the pages of “Educated” by Tara Westover. The author writes about growing up as the youngest of seven children with survivalist parents who didn’t trust schools, hospitals or the government. Despite the limitations of her childhood, Westover managed to earn degrees from Cambridge and Harvard. We’ll examine questions the book raises about education, survivalism, parenting, revealing family secrets, and the pain of severing family ties. Educated has won numerous awards and was one of the New York Times 10 Best Books of 2018.

Visit www.osher.colostate.edu to register online
Perk Lecture
Forensic Anthropology: Murder, Mystery and Mayhem
OSHR 3034 001

Monday
Instructor: Diane France
Dates: January 27
Time: 1 – 3 p.m. | Location: CSU Drake Hall
Class Size: 40 participants | Cost: $5

In August 2019, a new set of fossils of Australopithecus anamensis were discovered, including a nearly complete skull and in-place teeth. Recovered from Woranso-Mille in the Afar region of Ethiopia, this species co-existed with A. afarensis (“Lucy”) for at least 100,000 years and may prove to be a more probable human ancestor than Lucy.

Big History
OSHR 0830 002

Mondays
Instructor: Stephen Reid
Dates: Mar. 30, Apr. 6, 13, 20, 27, May 4 (6 weeks)
Time: 10 a.m. – Noon | Location: CSU Drake Hall
Class Size: 40 participants | Cost: $60

This course will introduce us to the idea of Big History, which is an overview of the universe from the beginning, 13.6 billion years ago. The readings recount discoveries about the earth and Homo Sapiens from astronomy, geology, physics, archeology, and history. These books are intended for a general audience, so no background in any of these sciences is necessary. Optional readings and class participation will be encouraged.

We will discuss selections from the following books:
- Walter Alvarez, A Most Improbable Journey
- Bill Bryson, A Short History of Nearly Everything
- Yuval Noah Harari, Sapiens

Our Wonderful Weeds
OSHR 8013 001

Mondays
Instructor: Holly Manley
Dates: Mar. 23, 30, Apr. 6, 13, 20, 27 (6 weeks)
Time: 10 a.m. – Noon | Location: CSU Drake Hall
Class Size: 40 participants | Cost: $60

Whether we acknowledge it or not, weeds offer many benefits to humankind, including interesting histories and aesthetic pleasure. Examples include Velcro being invented based on puncturevine spikes and the edible dandelion leaf ranking in the top four green vegetables (including those in your garden) in nutritional value. Many are either edible, medicinal, or have other uses such as dyes and erosion control. This class will cover numerous better-known weeds in Colorado — those in your garden, lawn, or along the pathways and byways in Colorado. You will be surprised what these unwanted plants bring to nature and people.

Drill Deep: Intro to Exploration & Production of Oil & Gas
OSHR 8014 001

Mondays
Instructor: Harry Mueller
Dates: Feb. 3, 10, 17, 24, Mar. 2, 9 (6 weeks)
Time: 4 – 6 p.m. | Location: CSU Drake Hall
Class Size: 40 participants | Cost: $60

Discover the world of oil and gas exploration and production. By the end of the course, the non-professional will have a deeper understanding and be able to discuss the background and procedures for exploration and production of oil and gas.

Class session topics:
- Geology of Oil & Gas – processes resulting in economic accumulations.
- Exploration – techniques used to determine where accumulations might be.
- Drilling Wells & Developing Fields – vertical and horizontal wells, completion procedures, data acquisition, potential problems.
- Reservoir Engineering & Production of Oil & Gas – maximizing / optimizing recovery.
- Economics and Brief History of the oil industry.
- Contentious Issues – fracking, global warming, surface vs. subsurface ownership, profit vs. income, regulation vs. inspection/ enforcement.

Recommended reading—
Hubbert’s Peak: The Impending World Oil Shortage by Kenneth S. Deffeyes

Visit www.osher.colostate.edu to register online.
Physics & Life: The Science of Living Things
OSHR 8035 002

Mondays
Instructor: Brian Jones
Dates: Mar. 23, 30; Apr. 6, 13, 20, 27 (6 weeks)
Time: 4 – 6 p.m.  |  Location: CSU Drake Hall
Class Size: 40 participants  |  Cost: $60

A mouse can survive a fall from any height. Hippos aren’t fat, and they can’t swim. There are salamanders one foot long that don’t have lungs or gills. There are snakes that can see in complete darkness, and fish that can sense your heartbeat. And once you understand some basic physics, none of this is surprising. In this class, we’ll do some simple experiments and discuss the laws of nature that explain how creature live and breathe, the tools they use to sense their world. We’ll assume no background in physics or biology, just a sense of curiosity and a desire to learn more!

Perk Lecture
Chameleons in the Arctic
OSHR 3029 001

Monday
Instructor: Sonia Kriedenweis and Jesse Creamean
Dates: April 20
Time: 3 – 4:30 p.m.  |  Location: First Presbyterian Church, 531 S. College Avenue
Class Size: 40 participants  |  Cost: $5

The Arctic is a unique and highly sensitive environment that has been described as “Ground Zero” for climate change. Arctic warming can be accelerated or slowed down by the presence and nature of Arctic clouds, and especially whether they are composed of liquid water droplets, ice crystals, or mixtures of both. We will briefly overview what is known about these “chameleon” clouds and Arctic climate, and the research that is underway to fill in the gaps. Dr. Jessie Creamean will provide photos, stories, and initial findings from her recent 4-month scientific expedition on an icebreaker trapped in the Arctic ice.

Special Program
Fort Collins City Park Arboretum Tour
OSHR 1004 001

Monday
Instructor: Tim Buchanan
Dates: May 11
Time: 1 – 3 p.m.  |  Location: CSU Drake Hall
Class Size: 40 participants  |  Cost: $25

The City Park Arboretum is an amazingly diverse tree resource for the Fort Collins community. The arboretum includes over 200 tree species and varieties, with a number of state champion trees and very rare species. This two-hour walking tree tour with a former City of Fort Collins forester will introduce you to some of the most prominent and unusual trees found in the City. This is a great opportunity to learn more about this incredible Fort Collins natural resource and many of the amazing trees found in the City Park Arboretum.

Birds for Complete Beginners
OSHR 8003 001

Tuesdays
Instructor: Kevin Cook
Dates: Jan. 28, Feb. 4, 11, 18, 25, Mar. 3 (6 weeks)
Time: 4 – 6 p.m.  |  Location: CSU Drake Hall
Class Size: 40 participants  |  Cost: $60

An oriole’s orange feathers flashing among a backyard willow’s sunlit boughs; a thrush’s flutelike song floating through an aspen grove; a flock of cranes flying overhead; a hummingbird hovering at wildflowers: birds present themselves to us in countless ways. Walk by walk, hike by hike, they become ever more noticeable, which spawns an awakening characterized by countless questions that seem to always sift back to, “What bird is that?” This class will help and encourage participants to welcome birds into their lives by growing from only knowing birds are out there, to intentionally looking for specific birds.

Nature, Science, and Technology cont.
Perk Lecture

The First American Geology Field Party in Antarctica: Byrd Expedition 1929-30
OSHR 3038 001

Tuesday
Instructor: Jim Collinson
Dates: March 10
Time: 10 a.m. – Noon  |  Location: CSU Drake Hall
Class Size: 40 participants  |  Cost: $60

Laurence M. Gould, Chief Scientist and second in command of Admiral Richard E. Byrd’s first expedition to Antarctica, led a field party of 6 from Little America across the Ross Ice Shelf to the Queen Maud Mountains, a distance of 600 miles. Sledding with dog teams and skis, the field party followed the due south route that Roald Amundsen had taken to the South Pole in 1912. They laid out supply depots and a fuel cache en route in anticipation of Admiral Byrd’s flight to the South Pole. Surveying the mountain front and using aerial photographs, Gould’s team made a detailed topographic map of a segment of the southern Queen Maud Mountains. They were able to extend the geology of the Beacon sandstone lying above granitic basement, as recognized by Shackleton and Scott’s parties further north, for 1,000 miles along the Transantarctic Mountains.

Birds for the Serious Enthusiast
OSHR 8004 001

Tuesdays
Instructor: Kevin Cook
Dates: Mar. 31, Apr. 7, 14, 21, 28, May 5 (6 weeks)
Time: 4 – 6 p.m.  |  Location: CSU Drake Hall
Class Size: 40 participants  |  Cost: $5

White pelicans gliding over calm water might have connected you to birds. Maybe it was a golden eagle swooping to catch a marmot. Or maybe a quarter million snow geese filling an autumn sky. Every bird enthusiast has a personal story of the one experience that made birds special. This class will help bird enthusiasts who have drifted from their connection to birds reclaim the passion that once motivated spending time afield.

The Oaks of Fort Collins
OSHR 3042 001

Tuesday
Instructor: Tim Buchanan
Dates: May 5
Time: 1 – 3 p.m.  |  Location: CSU Drake Hall
Class Size: 40 participants  |  Cost: $5

Do you have an interest in the physical characteristics and geologic history of our national parks, monuments, and seashores? Have you ever wondered why Washington’s Mt. Saint Helen’s eruption was so different from the ongoing eruptions in Hawaii? Why the Great Smokey Mountain landscape does not resemble the landscapes of Montana’s Glacier National Park or Colorado’s Rocky Mountain National Park? How and when was the Grand Canyon carved and how long did it take? This course will provide answers to these questions and more. We will discuss how geologic processes that occur within and on Earth’s surface have shaped our parks within the framework of plate tectonics. Participants will be presented with the knowledge and tools to observe and understand the landscapes and rocks in our spectacular national parks, monuments and seashores.

Geology of Selected USA National Parks, Monuments and Seashores
OSHR 8009 001

Wednesdays
Instructor: Frank Ethridge
Dates: Jan. 29, Feb. 5, 12, 19, 26, Mar. 4 (6 weeks)
Time: 10 a.m. – Noon  |  Location: CSU Drake Hall
Class Size: 40 participants  |  Cost: $60

Triumph Over Technology: An Introductory Overview of Today’s Digital Tools
OSHR 8011 002

Wednesdays
Instructor: Andrea Bazoin
Dates: Feb. 26, Mar. 4, 11, 18, 25 (6 weeks)
Time: 1 – 3 p.m.  |  Location: CSU Drake Hall
Class Size: 40 participants  |  Cost: $60

Native American Interpretation of Fossils
OSHR 3041 001

Thursday
Instructor: William Cornell
Dates: Feb. 13
Time: 1 – 3 p.m.  |  Location: CSU Drake Hall
Class Size: 40 participants  |  Cost: $5

Native Americans were aware of remains of once-living creatures in their lands and they included these fossils in their legends. Fossil trilobites, belemnites, vertebrate, bones and tracks, as well as petrified woods are common in the 4-Corners region and we will discuss the significance accorded to these objects by our neighbors.
Discover the Magic of Antarctica
OSHR 8001 002

**Thursdays**

**Instructor:** James Collinson  
**Dates:** Mar. 5, 12, 19, 26, Apr. 2, 9 (6 weeks)  
**Time:** 10 a.m. – Noon  |  **Location:** CSU Drake Hall  
**Class Size:** 40 participants  |  **Cost:** $60

Discover the magic of Antarctica through Mr. Collinson’s firsthand stories from his 17 expeditions to Antarctica, along with viewing his stunning photographs and detailed maps.

Class topics include:
- Geography, glaciers, mountain ranges, the Southern Ocean, climate and climate change
- Territorial claims, Cold War politics, and the Antarctic Treaty
- Exploration led by early explorers including Roald Amundsen, Robert F. Scott, Ernest Shackleton, and Richard E. Byrd
- American presence in Antarctica
- Geology, paleontology, and plate tectonics
- Antarctic Wildlife
- “Sinfonia Antartica” by Vaughan Williams
- Tourism, with an overview of cruises and a virtual tour of the Antarctic Peninsula by cruise ship

Perk Lecture
Edison & Tesla: Battle of the Currents
OSHR 3028 001

**Thursday**

**Instructor:** John Cowdrey  
**Dates:** April 16  
**Time:** 1 – 3 p.m.  |  **Location:** CSU Drake Hall  
**Class Size:** 40 participants  |  **Cost:** $5

In December 1878 Edison succeeded in making the first practical and economical light for domestic use. Edison’s greatest project was a workable direct-current electric light system that would replace candles and gaslight. But another inventor, Nikola Tesla, invented the superior system of alternating current that we take for granted today. A battle was soon to be underway between these two geniuses of the time, over which was the best source of electric energy. Edison and Tesla’s later inventions, and Tesla’s fall from fame and the presentation. Included are many historical pictures and some short movie clips. Both technical and nontechnical audiences can appreciate this story.

Perk Lecture
Hydroelectric Power Fundamentals and Local Hydro History
OSHR 3024 001

**Thursday**

**Instructor:** John Cowdrey  
**Dates:** April 23  
**Time:** 1 – 3 p.m.  |  **Location:** CSU Drake Hall  
**Class Size:** 40 participants  |  **Cost:** $5

This lecture explores the basics of grid-connected hydroelectric generation and provides local hydro history. Find out how a hydro plant actually works – turbines, generators, and transformers. Learn more about how water pressure and flow can create a power source for generators – both synchronous and induction. Our area has a number of historic hydro plants – Boulder, Loveland Idylwilde, Longmont, and the Fall River Hydro plants. We will show historic pictures of these plants, describe how they came about, and how they are today.

Wildflowers for Complete Beginners
OSHR 8007 001

**Fridays**

**Instructor:** Kevin Cook  
**Dates:** Jan. 31, Feb. 7, 14, 21, 28, Mar. 6 (6 weeks)  
**Time:** 4 – 6 p.m.  |  **Location:** CSU Drake Hall  
**Class Size:** 40 participants  |  **Cost:** $5

A drive across Pawnee National Grassland in May and a drive across Trail Ridge Road in July share one particular detail in common: both places are, in their own seasons, spangled with wildflowers. For the nature enthusiast a little wonder and hope and ambition always tingle the mind when viewing such places: what are those wildflowers, I wish I knew, I’d like to know. And you can. This class will respond to that tingle by explaining how to move from merely recognizing a plant as a wildflower when you see one to knowing what kind of wildflower it actually is.

Simplified Science & Chemistry in Our Complex World
OSHR 8017 001

**Fridays**

**Instructor:** William Tosch  
**Dates:** Feb. 7, 14, 21, 28, Mar. 6, 13 (6 weeks)  
**Time:** 1 – 3 p.m.  |  **Location:** CSU Drake Hall  
**Class Size:** 40 participants  |  **Cost:** $60

How often have we heard, or even said ourselves, “The worse class I ever took; the poorest teacher I ever had – that was my chemistry/science educational experience.” Chemistry can be understandable; it can even be fun. We’ll try to accomplish both these aims. We’ll start with atoms and work our way up to the nuclear energy. Along the way, we’ll see why “just plain ‘ol water” is the most interesting substance in our world/universe. If you have as much fun in this class as the teacher does teaching it – we’ll all benefit.
A Geologist Looks at Climate Change
OSHR 8012 001
Fridays
Instructor: William Cornell
Dates: Mar. 13, 20, 27, Apr. 3, 10, 17 (6 weeks)
Time: 4 – 6 p.m. | Location: CSU Drake Hall
Class Size: 40 participants | Cost: $60

Earth history is punctuated by episodes of climatic change, driven by a variety of processes. Ice ages have occurred from 2.5 billion years ago (“Cryogenic Eon”) to the Pliocene/Pleistocene Ice Age that ended about 20,000 years ago. Climatic change is implicated in several of the mass extinctions, and recent research suggests that catastrophic, global climatic change was induced in less than 48 hours by the Cretaceous/Paleogene Boundary impact event. We will explore these past events, seeking clues about earth’s climatic future.

Wildflowers for the Serious Enthusiast
OSHR 8008 001
Fridays
Instructor: Kevin Cook
Dates: Apr. 3, 10, 17, 24, May 1, 8 (6 weeks)
Time: 4 – 6 p.m. | Location: CSU Drake Hall
Class Size: 40 participants | Cost: $60

Springs bring us wildflowers and summers scurry them away. As the years accumulate, so does your wildflower experience, common roadside wildflowers becoming as familiar as friends. Species memorable for color, shape or smell become recognizable along trails and across meadows. Eventually, a realization dawns like sunrise: though you recognize a couple hundred common wildflowers, you actually know only a few dozen of them. With so many more out there, a new enthusiasm blossoms: you want to know more. This class will demonstrate how to energize that long-held interest in wildflowers, making “wild-flowering” not just a seasonal but a year-round activity.

Perk Lecture
Jazz: Inside the Mystery of Improvisational Leadership
OSHR 3032 002
Wednesday
Instructor: Ed Goodman
Dates: April 22
Time: 4 – 6 p.m. | Location: CSU Drake Hall
Class Size: 40 participants | Cost: $5

Back by request, during this lecture, attendees will watch video recordings of world-class jazz artists as Mr. Goodman presents an insider’s view of what is really happening inside of a jazz ensemble. How do they communicate? What is expected of the performers? How does this relate to leadership, followership, and team building? Guided by this engaging, professional musician, you’ll discover the magic and unmask the mystery behind jazz – this is a fun, active, music-filled program that will bring a whole new appreciation for this art form.

WHAT OUR MEMBERS SAY

Love getting to use my brain!

Always something new to explore!

Loved the instructor’s enthusiasm!

The class allowed me to see from a new perspective.

The instructor did a remarkable job translating the complexity of the subject so that a regular person can understand.

Intellectually stimulating.
David Barone, Ph.D., has a B.A. with honors from the University of Chicago and received a Ph.D. in psychology from the University of California—Santa Barbara. He was professor and chair of the Psychology Department at Rhode Island State University. David is the lead author of the 1997 book, Social Cognition: Psychology, History, and Current Domains, and the 1998 Advanced Personality. He and his wife retired to Fort Collins in 2012.

Brian Carroll retired as a Special Agent with the FBI and moved to Fort Collins in 1996 after his last assignment in Chicago. Post retirement he established a security consulting firm, provided instruction for the FBI and U.S. State Department in an Anti-Terrorism Program. Brian has worked with countries experiencing terrorist threats and held a post as an adjunct professor with the university of Denver’s College Security Management Program. Brian is a volunteer Master Naturalist with the city and a volunteer docent with the Fort Collins Museum of Art.

James Collinson, Ph.D., is an emeritus professor in the School of Earth Sciences and the Byrd Polar and Climate Research Center at The Ohio State University. He earned his Ph.D. from Stanford University and his areas of expertise include stratigraphy and sedimentology, paleontology, and Antarctic and Western US Geology. His research has taken him throughout the Transantarctic and Ellsworth Mountains. After retirement, he served as a lecturer on Antarctic cruise ships.

Kevin J. Cook Since earning his degrees in biology and wildlife biology from Western State College and CSU, Kevin has worked fulltime as a self-employed writer-naturalist. As a lifelong naturalist, Kevin has explored Colorado to experience its wildlife firsthand and has spent his entire adult life addressing the issues that arise between people and the natural world. Kevin writes natural history columns for newspapers and magazines, edits technical articles for scientific publications, leads wildlife observation tours, teaches various wildlife classes, and presents monthly wildlife lectures at several Colorado venues.

William Cornell earned his B.S. and M.S. degrees in geology from the University of Rhode Island and his Ph.D. from UCLA. He taught geology at the University of Texas at El Paso (UTEP), with stints as department chair, assistant dean of the College of Science, and “pre-med” advisor. He also taught in the Osher program at UTEP for 15 years and received numerous teaching and service awards from the university. He is a master naturalist for the Fort Collins Natural Areas Department.

John Cowdrey is an electrical engineer, and hydro-power consultant. He taught electrical machinery lab at the Colorado School of Mines and teaches a Hydro Plant Operator’s school for Denver Water. He was the City of Boulder’s hydroelectric technician for 12 1/2 years and is a docent at the historic Fall River Hydroelectric Plant in Estes Park.

Jesse Creamean, Ph.D., is a Colorado State University research scientist who participated in the MOSAiC Arctic expedition in the winter of 2019-20. Her research is focused on aerosol impacts on cloud and precipitation formation in remote environments, with a focus on aerosols that serve as ice nuclei.

David Danbom, Ph.D., is a graduate of Colorado State University and earned his Ph.D. at Stanford University. David was awarded a CSU Distinguished Alumni award in 2013. He taught American history at North Dakota State University for 36 years, with the topics of slavery and the sectional crisis among his research interests. He has previously taught classes on a variety of topics for the Osher program at CSU.

Kathi Dougherty is a glass artist participating in the Behind the Creative Eye: Local Artists in Residence program.

Camille Dungy is a poet, essayist and editor whose eight books include: Tragic Cascades: Guidebook to Relative Strangers; Journeys into Race, Motherhood and History; and Black Nature: Four Centuries of African American Nature Poetry. Camille is a 2019 Guggenheim Fellow and other honors include an American Book Award, two Northern California Book Awards, a California Book Award silver medal, two NAACP Image Award nominations, fellowships from the Sustainable Arts Foundation, and fellowships from the National Endowment for the Arts in both prose and poetry. Camille is a Professor in the English Department at Colorado State University.

Kay Easley, M.S., is the chair of the relations team for the League of Women Voters of Larimer County and serves as the facilitator for the Great Decisions course offered by the Osher program at CSU.

Felipe Echevarria is an internationally collected American fine artist, illustrator, and graphic novelist currently living and working in Loveland. His primarily figurative work often merges realism with ethereal, impressionistic handling. His graphic novels and comics use similar mediums and handling, with his latest works incorporating spiritual themes, though not religious. Felipe’s vision is to merge comic art with his fine-art training, background abstraction, and color and edge work to create imagery that pulls the viewer into an energetic reality that will spark personal transformation.

Dr. Isaac Eliachar is a retired physician who headed the lanyang陶然reconstruction section at the Cleveland Clinic Foundation. Since his retirement, he has actively pursued his hobbies, including boating in the Arctic and Post-war history courses at the Palm Springs Air Museum, the Osher program at California State University – San Bernadino, and more recently the Osher program at CSU.

Frank G. Ethridge, Ph.D., a professor emeritus of geology at CSU, Frank taught geology at Southern Illinois University and CSU for a total of 35 years. He worked as a geologist with the U.S. Army Corps of Engineers, the Texas Highway Commission, and Chevron. He and his graduate students completed several research projects on modern rivers and ancient river deposits. A popular Osher instructor, Frank has a long-term interest in the geology and geologic history of Colorado and has lectured on the variability and complexity of modern rivers.

Andrea Bazoin (“Bah-Zwah”) is a higher-education professional turned entrepreneur, wellness advocate, and writer. She is the founder of everHuman, LLC, a technical-education company that empowers individuals and teams to navigate an ever-changing digital landscape through coaching, consulting, and workshops. Andrea has a master’s degree in educational leadership and policy studies from the University of Washington-Seattle and has taught students to various print and electronic media outlets, and although currently retired, he is continuing his media commentary. He resides in Fort Collins, Colorado where he teaches for the Osher program at CSU.

Tim Buchanan With a master’s degree from CSU, Tim served as the Fort Collins’ city forester for 41 years and was also president of the Rocky Mountain Chapter of the International Society of Arboriculture and the Front Range Urban Forestry Council. He has taught and lectured extensively on urban forest management.

David A. Caputo, Ph.D. With a B.A. in government and a Ph.D. in political science, David has held multiple academic positions and has received two Fulbright appointments, a Lilly Fellowship, and a National Science Foundation Fellowship. He has authored numerous books and research articles about urban politics, electoral politics, and American government. David is a frequent commentator to various print and electronic media outlets, and although currently retired, he is continuing his media commentary. He resides in Fort Collins, Colorado where he teaches for the Osher program at CSU.

John Cowdrey is an electrical engineer, and hydro-power consultant. He taught electrical machinery lab at the Colorado School of Mines and teaches a Hydro Plant Operator’s school for Denver Water. He was the City of Boulder’s hydroelectric technician for 12 1/2 years and is a docent at the historic Fall River Hydroelectric Plant in Estes Park.

Laurie Gudim is a retired physician who headed the clandestine graves. She is a retired psychotherapist whose practice spanned more than 30 years. With an M.A. in professional psychology, extensive experience in lay leadership in the Episcopal Church, and training in eliciting spiritual autobiographies from people of all faiths and traditions (or none), Laurie has a deep reverence for the wisdom of individuals in relationship with the Holy. Laurie Gudim is a retired psychotherapist whose practice spanned more than 30 years. With an M.A. in professional psychology, extensive experience in lay leadership in the Episcopal Church, and training in eliciting spiritual autobiographies from people of all faiths and traditions (or none), Laurie has a deep reverence for the wisdom of individuals in relationship with the Holy.

William Cornell earned his B.S. and M.S. degrees in geology from the University of Rhode Island and his Ph.D. from UCLA. He taught geology at the University of Texas at El Paso (UTEP), with stints as department chair, assistant dean of the College of Science, and “pre-med” advisor. He also taught in the Osher program at UTEP for 15 years and received numerous teaching and service awards from the university. He is a master naturalist for the Fort Collins Natural Areas Department.

Felipe Echevarria is an internationally collected American fine artist, illustrator, and graphic novelist currently living and working in Loveland. His primarily figurative work often merges realism with ethereal, impressionistic handling. His graphic novels and comics use similar mediums and handling, with his latest works incorporating spiritual themes, though not religious. Felipe’s vision is to merge comic art with his fine-art training, background abstraction, and color and edge work to create imagery that pulls the viewer into an energetic reality that will spark personal transformation.

Dr. Isaac Eliachar is a retired physician who headed the lanyang陶然reconstruction section at the Cleveland Clinic Foundation. Since his retirement, he has actively pursued his hobbies, including boating in the Arctic and Post-war history courses at the Palm Springs Air Museum, the Osher program at California State University – San Bernadino, and more recently the Osher program at CSU.
Margit Hentschel, Ph.D. is the co-founder director for Colorado State University’s Center for Mindfulness. She also serves as the director of Office of Service-Learning at CSU’s Institute for Learning and Technology (TILT). With more than 15 years of teaching mindfulness practices Margit teaches mindfulness to college classes and community workshops as well as teaching yoga healing and meditation for adults and children. She holds a Ph.D. from CSU’s School of Education with a focus on Peace and Reconciliation Leadership.

Gwen Hatchette is a fabric and paper collage artist participating in the Behind the Creative Eye: Local Artists in Residence program

Kenneth Jessen holds a B.S.E.E. and an M.B.A. from the University of Utah, and he completed post-graduate work in telecommunications at CU. He has lived in Loveland for 50 years, and he is best known for his 21-published books and more than 1,800 illustrated stories on Estes Park, Rocky Mountain National Park, railroad history, and the ghost towns of Colorado. He acts as a tour guide and lecturer and has made a number of national television appearances. Ken is best known for his published information on Estes Park, Rocky Mountain National Park, railroad history and the ghost towns scattered over 64 Colorado counties and is a frequent instructor for the Osher program at CSU.

Anne Hall is a former public school educator in Boston and Chicago. She did her undergraduate work at the University of Colorado and graduate work at Boston University. After moving to Fort Collins, she taught at Colorado State University in the School of Education. Anne has enjoyed taking many OLLI classes as she very much believes learning never ends.

Nancy Hansford has lived in Fort Collins for more than three decades. She is a longtime freelance writer and author of two titles, Fort Collins Highlights and Northern Colorado Ghost Stories. As a local-author columnist for The Coloradan, she has supported outstanding local authors for many years, also bringing talented authors to the OLLI classroom through her popular course, What the Book Jacket Doesn’t Tell You.

Margaret (Margi) Hall has been a member of a local writers’ critique group for nearly 30 years and worked as a journalist off and on for more than 40 years and from UNC and CU. She taught journalism at CSU for 20 years, and she has a bachelor’s and master’s degree in journalism from UNC and CU. She has served as president for Colorado’s most popular course, What the Book Jacket Doesn’t Tell You.

Brian Jones is the Director of the Little Shop of Physics program and a popular physics master instructor at Colorado State University. He actively explores the effectiveness of methods of information science education and experiments with how to extend these lessons to the college classroom. In 2011, he was awarded the Millikan Medal by the American Association of Physics Teachers for creativity and excellence in physics education. He is also the co-author of a leading textbook for the college physics field.

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Rabbi Hillel Katzir has served synagogue communities in California, Iowa, Maine and Colorado, and is currently serving a community in Creede, CO. He also hosts a weekly radio program, “Faith in Progress,” on KRFC 88.9 FM, and is involved in interfaith work to bring people together.

Guy Kelley is a retired Associate General Counsel for the Hewlett-Packard Company (HP). He is regent emeritus having served on the Board of Regents for the University of Colorado (1993-99). Guy currently teaches law at Front Range Community College. He is an avid history reader, swimmer and cyclist.

Sara Hoffman has been a writer since she learned to write, and she has a bachelor’s and master’s degree in journalism from UNC and CU. She taught journalism at CSU for 20 years, worked as a newspaper reporter, editor, and columnist, and has taught writing classes for the CSU Osher program, Poudre School District, and multiple regional businesses. She has worked as a journalist off and on for more than 40 years and has been a member of a local writers’ critique group for nearly 10 years. During Fall 2016, she published a historical fiction novel, Finding Baby Ruth, about her grandmother. She has been a dedicated reader and writer since childhood.

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Sonia M. Kreidenweis, Ph.D. is a professor of Atmospheric Science at Colorado State University and is interested in how particles impact climate through their ability to affect radiation. She became a Colorado State University Distinguished Professor in 2014 and is a Fellow of the American Meteorological Society, The American Association for Aerosol Research, and the Cooperative Institute for Research in the Atmosphere.

Joannah Merriman holds an M.A degree and is a community educator, writer, and psychotherapist. A voracious reader and lover of good films, Joannah has been the facilitator for the Cinema du Jour course for the past several years. A member of three book groups, she is most interested in thoughtful discussion of material on both page and screen.

Joanne Osmundson learned caregiving the hard way through the journey of her husband’s dementia. An author and former teacher, Osmundson’s magazine/blog articles offer support and share knowledge. Papa’s Changes, a dementia picture book for children/adults, released in September 2019, illustrates the loving relationship a grandchild enjoys with his grandfather.

Veronica Patterson is a writer, freelance editor, and teacher who lives in Loveland and teaches for the Osher program at CSU. She has published multiple full-length poetry collections, including Sud瘦身 White Fan (2018), Swan, What Shores? (NYU Press Poetry Prize, 2000), Trash & Hold (Gell Poetry Prize, Big Pencil Press, 2009), & it had rained (2013), and two chapbooks...-This Is Strong (2012) and Maneuvers: Battle of the Little Bighorn Poems (2013). Her essay “Comfort Me with Apples” was published in The Georgia Review.
Meet the Instructors cont.

Sally Purath earned her B.A. in social sciences and her M.Ed. at CSU. She taught history, world humanities, and language arts for 26 years at the Poudre School District and has led National Endowment for the Humanities institutes and other teacher workshops. Sally has extensive training in world humanities, specializing in Asia, Europe, Africa, the Middle East, and Latin America. She has also studied religion and culture in Japan, China, India, Peru, and Europe. Sally currently teaches humanities courses for the Osher program at CSU.

Natalie Scarlett has been teaching writing for seven years and has worked as a theater and film director for more than a decade. She is a professional freelance creative writer and arts and culture journalist. In addition to leading workshops in poetry, film, and playwriting for high school students, she has written several plays and seen them produced. Natalie studied theatrical directing in college and took playwriting courses as well.

Paula Scott is the author of Surviving Alzheimer’s: Practical Tips and Soul-Saving Wisdom for Caregivers and a co-author with doctors at Harvard, UCLA, and Duke University on health and parenting topics. A former Woman’s Day columnist and contributing editor of Caring.com, WebMD, and Parenting, Paula often speaks about caregiving related topics. Her upcoming books will include a geriatric collaboration and brain health guide based in part on her participation in two groundbreaking neurologist-led studies.

Stephen Reid taught in the CSU English Department for 42 years. His specialties were composition, 19th century British literature, 20th century novel, and Western American literature. Stephen’s undergraduate degree was in Physics. He currently reads a wide variety of non-fiction topics including memoir, western American literatures, and contemporary science.

Mary Roberts has an M.A. in communications, emphasizing creative nonfiction, and a B.A. in technical journalism. Mary teaches storytelling workshops and is a story coach for individuals and organizations. She runs a monthly meeting for storytellers wanting to hone their storytelling skills. Mary has also been on storytelling stages herself and produces, coaches, and emcees storytelling events.

Jeanne Shof is a ceramic artist participating in the Behind the Creative Eye: Local Artists in Residence program.

Margaret Sharkoffmadrid is a part-time art history faculty member at Front Range Community College and a consultant for the College Board’s Advanced Placement art history program. She taught art history in the Washington, D.C. area for many years and has served on faculty panels at the Denver Art Museum, The National Gallery of Art, and the Corcoran Gallery of Art. She earned an M.F.A. in painting and has done extensive post-graduate work in art history.

John Roberts was born and raised in Fort Collins, John has an M.S. from Cornell University and served 34 years with the U.S. Department of State and the U.S. Peace Corps in 19 different countries. He has taught international studies at CSU along with a variety of courses with the Osher program at CSU since 1999. A founder of Fort Collin’s Global Village Museum, John brings a rich set of life experiences and a keen interest in international affairs. He describes himself as “a student, a teacher, and an internationalist.”

Kirsten Savage is one of Colorado’s top representational artists, best known for her work in figurative oil painting. After graduating from the Maryland Institute College of Art, Kirsten moved to Colorado, where she found her love for the outdoors. Kirsten now backpacks all over Colorado’s high alpine country and the deserts of the Southwest to seek inspiration for her artwork. Kirsten exhibits in art shows and festivals across the U.S. and her artwork is in collections around the world. She is currently represented by Abend Gallery in Denver.

Jill Stilwell with a BFA from Colorado State University and a master’s in Art History and Museum Studies from the University of Denver, Jill has 25 years of museum experience as a director, curator, and consultant. She also has served as Fort Collin’s Cultural Services Director and teaches Arts Management at CSU.

Lloyd J. Thomas, PhD is a licensed clinical psychologist (retired) and certified life coach who specializes in behavioral medicine. He was the Acting Director of the Montgomery County (NY) Mental Health Clinic/Program. Dr. Thomas has been on the clinical faculty of Albany Medical College, and Consultant to Sunnyview Rehabilitation Hospital (all NY). Currently, he is a faculty member of the International University of Professional Studies. Since 1981, Dr. Thomas continues to write a weekly newspaper column titled, “Practical Life Coaching”.

Bill Tosch, Ph.D. has a B.S. in chemistry from the University of South Dakota and a PhD from Purdue. For 24 years, he was in management of oil recovery research for a major oil company. After retiring Bill taught petroleum engineering at Penn State University, then chemistry at University of Colorado Denver, Front Range Community College-Fort Collins, and at Colorado State University.

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